

# Health in Maine: Ethnicity

The Maine Shared Community Health Needs Assessment (Maine Shared CHNA) highlights populations and geographies that experience disparate health and well-being outcomes due to social and institutional inequities. These disparities are documented through a community engagement process and the health equity data profiles.

For data in the health equity profiles, there are several factors currently limiting what is included:

- Not all data sources collect sufficient data elements for all populations of interest.
- Some populations and geographies in Maine are numerically small, resulting in data that is less reliable due to low numbers, unavailable due to suppression and/or privacy concerns, and/or missing entirely.
- Some health equity profiles may include fewer indicators than others and what appears in the County Data Profiles, given data availability, suppressed data rates, and what is and is not collected at the state and national level.
- Disparities are generally only analyzed at the state level for more reliable estimates with less suppression. However, this assumes disparities found at the state level have similar patterns for smaller geographical areas, which do not account for unique characteristics of population throughout the state.
- The data sets used by the Maine Share CHNA follow federal reporting guidelines for race, ethnicity, sexual orientation, and gender identity, which may not encompass nor resonate with everyone. Thus, some people may not see their identity in the health equity profiles.

To try to account for some of these gaps and complement the quantitative data, the Maine Shared CHNA engaged in an extensive community engagement process. That process and the results are outlined in the Community Engagement Overviews. Additional information on data commitments, how data is selected, data limitations, and data sources and definitions can be found in the data profiles for each County.

Population (Maine 2022)	
Hispanic	25,898
Non-Hispanic	1,341,051

## How to Read This Document

The following symbols are used in the tables to note when data may be too small for statistical reliability and suppressed due to a small number of responses and when data is pending (available at a later date) or unavailable.

Symbols	
*	means results may be statistically unreliable due to small numbers, use caution when interpreting.
~	means suppressed data due to a small number of respondents.
^	means data is pending.
—	means data is unavailable.

## Health Indicators by Ethnicity

Indicator	Ethnicity		
	Hispanic	Non-Hispanic	Maine
<b>Demographics</b>			
Population (percent of total Maine population)	2022 <b>2.1%</b>	2022 <b>97.9%</b>	2022 <b>100.0%</b>
Veterans	2015-2019 <b>5.8%</b>	2015-2019 <b>9.8%</b>	2015-2019 <b>9.6%</b>
Transgender adults	2017-2021 <b>3.0%</b>	2017-2021 <b>1.4%</b>	2017-2021 <b>1.4%</b>
Persons with a disability	2018-2022 <b>13.8%</b>	2018-2022 <b>15.9%</b>	2018-2022 <b>15.8%</b>
<b>Social Drivers of Health</b>			
Individuals living in poverty	2018-2022 <b>13.4%</b>	2018-2022 <b>10.5%</b>	2018-2022 <b>10.9%</b>
Median household income	2018-2022 <b>\$65,650</b>	2018-2022 <b>\$68,812</b>	2018-2022 <b>\$68,251</b>
Asset Poverty	2021 <b>31.0%</b>	—	2021 <b>18.0%</b>
High school student graduation	2022-2023 <b>10.7%</b>	—	2022-2023 <b>87.3%</b>
Housing insecure (high school students)	2023 <b>10.7%</b>	2023 <b>2.3%</b>	2023 <b>2.6%</b>
Adverse childhood experiences (high school students)	2023 <b>37.6%</b>	2023 <b>26.3%</b>	2023 <b>36.7%</b>

Indicator	Ethnicity		
	Hispanic	Non-Hispanic	Maine
<b>General Health Status</b>			
Fair or poor health	2012-2021 <b>18.4%</b>	2012-2021 <b>15.8%</b>	2012-2021 <b>15.8%</b>
14 or more days lost due to poor physical health	2012-2021 <b>9.8%</b>	2012-2021 <b>12.5%</b>	2012-2021 <b>12.5%</b>
14 or more days lost due to poor mental health	2012-2021 <b>14.7%</b>	2012-2021 <b>13.0%</b>	2012-2021 <b>13.0%</b>
Three or more chronic conditions	2012-2021 <b>10.4%</b>	2012-2021 <b>15.5%</b>	2012-2021 <b>15.5%</b>
<b>Overall Mortality</b>			
Overall death rate per 100,000 population	2013-2022 <b>284.7</b>	2013-2022 <b>783.7</b>	^
<b>Access</b>			
Uninsured	2018-2022 <b>17.6%</b>	2018-2022 <b>5.9%</b>	2018-2022 <b>8.7%</b>
MaineCare enrollment (all ages)	2023 <b>32.3%</b>	2023 <b>23.7%</b>	2023 <b>27.3%</b>
MaineCare enrollment (ages 0-19)	2023 <b>43.8%</b>	2023 <b>38.6%</b>	2023 <b>49.0%</b>
Usual primary care provider (adults)	2012-2021 <b>81.1%</b>	2012-2021 <b>87.6%</b>	2012-2021 <b>87.5%</b>
Primary care visit to any primary care provider in the past year	2012-2021 <b>70.1%</b>	2012-2021 <b>74.4%</b>	2012-2021 <b>74.3%</b>
Cost barriers to health care	2012-2021 <b>17.8%</b>	2012-2021 <b>10.3%</b>	2012-2021 <b>10.5%</b>
<b>Health Care Quality</b>			
Ambulatory care-sensitive condition hospitalizations per 10,000 population	2016-2021 <b>28.5</b>	2016-2021 <b>50.8</b>	2016-2021 <b>51.9</b>
Ambulatory care-sensitive condition emergency department rate per 10,000 population	^	^	^
<b>Cancer</b>			
All cancer deaths per 100,000 population	2014-2022 <b>67.9</b>	2014-2022 <b>165.3</b>	2014-2022 <b>164.6</b>
Colorectal cancer deaths per 100,000 population	2014-2022 <b>6.2</b>	2014-2022 <b>12.8</b>	2014-2022 <b>12.8</b>
Female breast cancer deaths per 100,000 population	2014-2022 <b>6.6</b>	2014-2022 <b>17.5</b>	2014-2022 <b>17.4</b>
Lung cancer deaths per 100,000 population	2014-2022 <b>12.7</b>	2014-2022 <b>43.4</b>	2014-2022 <b>43.1</b>
Prostate cancer deaths per 100,000 population	2014-2022 <b>7.6</b>	2014-2022 <b>19.9</b>	2014-2022 <b>19.8</b>
Tobacco-related cancer deaths per 100,000 population	2014-2022 <b>25.3</b>	2014-2022 <b>52.7</b>	2014-2022 <b>52.5</b>

Indicator	Ethnicity		
	Hispanic	Non-Hispanic	Maine
<b>Cancer (Continued)</b>			
All cancer new cases per 100,000 population	2012-2021 <b>260.5</b>	2012-2021 <b>480.2</b>	2012-2021 <b>480.2</b>
Bladder cancer new cases per 100,000 population	2012-2021 <b>11.5</b>	2012-2021 <b>27.0</b>	2012-2021 <b>26.9</b>
Colorectal cancer new cases per 100,000 population	2012-2021 <b>16.0</b>	2012-2021 <b>36.4</b>	2012-2021 <b>36.2</b>
Female breast cancer new cases per 100,000 population	2012-2021 <b>85.5</b>	2012-2021 <b>130.5</b>	2012-2021 <b>130.0</b>
Lung cancer new cases per 100,000 population	2012-2021 <b>32.0</b>	2012-2021 <b>70.8</b>	2012-2021 <b>70.5</b>
Melanoma skin cancer new cases per 100,000 population	2012-2021 <b>3.5</b>	2012-2021 <b>26.7</b>	2012-2021 <b>26.5</b>
Prostate cancer new cases per 100,000 population	2012-2021 <b>66.3</b>	2012-2021 <b>97.6</b>	2012-2021 <b>97.4</b>
Tobacco-related cancer (excluding lung cancer) new cases per 100,000 population	2012-2021 <b>73.0</b>	2012-2021 <b>136.1</b>	2012-2021 <b>135.6</b>
HPV-associated cancer new cases per 100,000 population	2012-2021 <b>3.4</b>	2012-2021 <b>13.9</b>	2012-2021 <b>13.8</b>
Obesity-associated cancer (excluding colon cancer) new cases per 100,000 population	2012-2021 <b>92.6</b>	2012-2021 <b>136.3</b>	2012-2021 <b>135.9</b>
Alcohol-associated cancer new cases per 100,000 population	2012-2021 <b>80.3</b>	2012-2021 <b>133.6</b>	2012-2021 <b>133.1</b>
Colorectal late-stage new cases per 100,000 population	2012-2021 <b>12.6</b>	2012-2021 <b>20.3</b>	2012-2021 <b>20.3</b>
Female breast cancer late-stage new cases per 100,000 population	2012-2021 <b>24.7</b>	2009-2018 <b>39.4</b>	2012-2021 <b>39.2</b>
Lung cancer late-stage incidence per 100,000 population	2012-2021 <b>23.4</b>	2012-2021 <b>49.0</b>	2012-2021 <b>48.8</b>
Breast cancer screening up-to-date	2012, 2014, 2016, 2018 & 2020 <b>86.0%</b>	2012, 2014, 2016, 2018 & 2020 <b>82.2%</b>	2012, 2014, 2016, 2018 & 2020 <b>82.3%</b>
Colorectal cancer screening up-to-date	2020 <b>87.5%</b>	2020 <b>81.0%</b>	2020 <b>81.2%</b>
Cervical cancer screening up-to-date	2012, 2014, 2016, 2018 & 2020 <b>84.0%</b>	2012, 2014, 2016, 2018 & 2020 <b>83.6%</b>	2012, 2014, 2016, 2018 & 2020 <b>83.6%</b>
Lung cancer screening rate among eligible adults	—	2017-2021 <b>15.6%</b>	2017-2021 <b>15.8%</b>

Indicator	Ethnicity		
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<b>Cardiovascular Disease</b>			
Coronary heart disease deaths per 100,000 population	2014-2022 <b>22.2</b>	2014-2022 <b>81.7</b>	2014-2022 <b>81.3</b>
Heart attack deaths per 100,000 population	2014-2022 <b>8.5</b>	2014-2022 <b>25.4</b>	2014-2022 <b>25.3</b>
Cardiovascular disease deaths per 100,000 population	2014-2022 <b>55.5</b>	2014-2022 <b>199.0</b>	2014-2022 <b>197.9</b>
Stroke deaths per 100,000 population	2013-2022 <b>13.1</b>	2013-2022 <b>33.1</b>	^
High blood pressure hospitalizations per 10,000 population	2016-2021 <b>9.1</b>	2016-2021 <b>16.6</b>	2016-2021 <b>16.7</b>
Heart failure hospitalizations per 10,000 population	2016-2021 <b>2.2</b>	2016-2021 <b>7.5</b>	2016-2021 <b>7.7</b>
Heart attack hospitalizations per 10,000 population	2016-2021 <b>13.6</b>	2016-2021 <b>20.4</b>	2016-2021 <b>20.7</b>
Stroke hospitalizations per 10,000 population	2016-2021 <b>13.7</b>	2016-2021 <b>19.8</b>	2016-2021 <b>20.1</b>
High blood pressure	2011, 2013, 2015, 2017, 2019 & 2021 <b>25.0%</b>	2011, 2013, 2015, 2017, 2019 & 2021 <b>34.2%</b>	2011, 2013, 2015, 2017, 2019 & 2021 <b>34.1%</b>
High cholesterol	2011, 2013, 2015, 2017 & 2019 <b>31.3%</b>	2011, 2013, 2015, 2017 & 2019 <b>38.3%</b>	2011, 2013, 2015, 2017 & 2019 <b>38.3%</b>
Cholesterol checked in past five years	2011, 2013, 2015, 2017 & 2019 <b>72.9%</b>	2011, 2013, 2015, 2017 & 2019 <b>83.6%</b>	2011, 2013, 2015, 2017 & 2019 <b>83.5%</b>
<b>Diabetes</b>			
Diabetes	2012-2021 <b>7.1%</b>	2012-2021 <b>10.2%</b>	2012-2021 <b>10.2%</b>
Diabetes deaths (underlying cause) per 100,000 population	2014-2022 <b>15.6</b>	2014-2022 <b>23.8</b>	2014-2022 <b>23.8</b>
Diabetes hospitalizations (principal diagnosis) per 10,000 population	2016-2021 <b>9.5</b>	2016-2021 <b>12.7</b>	2016-2021 <b>12.9</b>
A1c test at least twice/year (adults with diabetes)	—	2012-2021 <b>76.0%</b>	2012-2021 <b>75.8%</b>
Formal diabetes education (adults with diabetes)	—	2012-2021 <b>56.4%</b>	2012-2021 <b>56.4%</b>
Dilated eye exam annually (adults with diabetes)	—	2012-2021 <b>71.3%</b>	2012-2021 <b>71.3%</b>

Indicator	Ethnicity		
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<b>Respiratory Health</b>			
Current asthma (adults)	2012-2021 <b>13.2%</b>	2012-2021 <b>11.6%</b>	2012-2021 <b>11.6%</b>
Current asthma (youth ages 0-17)	2012-2021 <b>9.1%</b>	2012-2021 <b>8.7%</b>	2012-2021 <b>8.6%</b>
Chronic obstructive pulmonary disease (COPD)	2012-2021 <b>5.3%</b>	2012-2021 <b>8.1%</b>	2012-2021 <b>8.1%</b>
Chronic lower respiratory disease deaths per 100,000 population	2013-2022 <b>4.4</b>	2013-2022 <b>46.3</b>	2012-2021 <b>8.1</b>
Asthma emergency department rate per 10,000 population	^	^	^
Chronic obstructive pulmonary disease hospitalizations per 10,000 population	2016-2022 <b>5.8</b>	2016-2022 <b>12.3</b>	2016-2022 <b>12.7</b>
Pneumonia hospitalizations per 10,000 population	2016-2022 <b>7.5</b>	2016-2022 <b>15.1</b>	2016-2022 <b>15.5</b>
<b>Physical Activity, Nutrition and Weight</b>			
Obesity (adults)	2012-2021 <b>28.7%</b>	2012-2021 <b>29.9%</b>	2012-2021 <b>29.9%</b>
Obesity (high school students)	2023 <b>19.7%</b>	2023 <b>15.5%</b>	2023 <b>15.7%</b>
Obesity (middle school students)	2023 <b>20.8%</b>	2023 <b>16.0%</b>	2023 <b>16.0%</b>
Overweight (adults)	2012-2021 <b>33.3%</b>	2012-2021 <b>35.4%</b>	2012-2021 <b>35.4%</b>
Overweight (high school students)	2023 <b>18.2%</b>	2023 <b>15.9%</b>	2023 <b>16.0%</b>
Overweight (middle school students)	2023 <b>16.0%</b>	2023 <b>16.5%</b>	2023 <b>16.3%</b>
Sedentary lifestyle – no leisure-time physical activity in past month (adults)	2012-2021 <b>24.0%</b>	2012-2021 <b>23.4%</b>	2012-2021 <b>23.5%</b>
Met physical activity recommendations (high school students)	2023 <b>45.2%</b>	2023 <b>47.8%</b>	2023 <b>47.7%</b>
Met physical activity recommendations (middle school students)	2023 <b>50.9%</b>	2023 <b>50.2%</b>	2023 <b>50.2%</b>
Fewer than two hours combined screen time (high school students)	2023 <b>25.7%</b>	2023 <b>22.7%</b>	2023 <b>22.9%</b>
Fewer than two hours combined screen time (middle school students)	2023 <b>29.1%</b>	2023 <b>28.1%</b>	2023 <b>28.8%</b>

Indicator	Ethnicity		
	Hispanic	Non-Hispanic	Maine
<b>Respiratory Health (continued)</b>			
Fruit consumption (adults reporting less than one serving per day)	2013, 2015, 2017, 2019 & 2021 <b>33.5%</b>	2013, 2015, 2017, 2019 & 2021 <b>34.2%</b>	2013, 2015, 2017, 2019 & 2021 <b>34.2%</b>
Vegetable consumption (adults reporting less than one serving per day)	2013, 2015, 2017, 2019 & 2021 <b>18.1%</b>	2013, 2015, 2017, 2019 & 2021 <b>14.7%</b>	2013, 2015, 2017, 2019 & 2021 <b>14.8%</b>
Fruit and vegetable consumption (high school students reporting 5 or more a day)	2023 <b>19.2%</b>	2023 <b>14.1%</b>	2023 <b>14.2%</b>
Fruit and vegetable consumption (middle school students reporting 5 or more a day)	2023 <b>27.0%</b>	2023 <b>18.6%</b>	2023 <b>18.9%</b>
Soda/sports drink consumption (high school students reporting 1 or more a day)	2023 <b>26.7%</b>	2023 <b>25.3%</b>	2023 <b>25.3%</b>
Soda/sports drink consumption (middle school students reporting 1 or more a day)	2023 <b>30.1%</b>	2023 <b>23.0%</b>	2023 <b>23.3%</b>
<b>Pregnancy and Birth Outcomes</b>			
Infant deaths per 1,000 live births	2018-2022 <b>2.9</b>	2018-2022 <b>5.7</b>	2018-2022 <b>5.7</b>
Low birth weight (<2500 grams)	2020-2022 <b>8.1%</b>	2020-2022 <b>7.7%</b>	2018-2022 <b>7.7%</b>
Pre-term live births	2020-2022 <b>9.8%</b>	2020-2022 <b>9.3%</b>	2020-2022 <b>9.3%</b>
Births to 15-19 year olds per 1,000 population	2018-2022 <b>12.6</b>	2018-2022 <b>9.2</b>	2018-2022 <b>9.4</b>
Unintended births	2018-2022 <b>16.8%</b>	2018-2022 <b>20.0%</b>	2018-2022 <b>19.9%</b>
Adequate prenatal care	2020-2022 <b>79.3%</b>	2020-2022 <b>84.9%</b>	2020-2022 <b>84.7%</b>
Smoked during pregnancy	2020-2022 <b>8.0%</b>	2020-2022 <b>10.0%</b>	2020-2022 <b>9.9%</b>
Drank alcohol during pregnancy	2018-2022 <b>3.1%</b>	2018-2022 <b>10.1%</b>	2018-2022 <b>10.0%</b>
Depression during pregnancy	2018-2022 <b>17.1%</b>	2018-2022 <b>19.4%</b>	2018-2022 <b>19.3%</b>
Post-partum depression	2018-2022 <b>11.2%</b>	2018-2022 <b>10.7%</b>	2018-2022 <b>10.7%</b>
Infants who are ever breast fed	2020-2022 <b>87.1%</b>	2020-2022 <b>87.6%</b>	2020-2022 <b>87.5%</b>
C-sections among low-risk first births	2020-2022 <b>30.7%</b>	2020-2022 <b>24.7%</b>	2020-2022 <b>24.8%</b>
<b>Children with Special Health Care Needs</b>			
Children with special health care needs	~	2020-2021 <b>50.7%</b>	2020-2021 <b>22.3%</b>
Developmental screening for MaineCare members	~	2020-2021 <b>16.1%</b>	2020-2021 <b>16.6%</b>

Indicator	Ethnicity		
	Hispanic	Non-Hispanic	Maine
<b>Cognitive Health</b>			
Caregiving at least 20 hours per week	2015, 2017, 2019 & 2021 <b>8.0%</b>	2015, 2017, 2019 & 2021 <b>5.0%</b>	2015, 2017, 2019 & 2021 <b>5.0%</b>
<b>Arthritis</b>			
Arthritis	2012-2021 <b>21.9%</b>	2012-2021 <b>31.3%</b>	2012-2021 <b>31.2%</b>
<b>Environmental Health</b>			
Adults living in households with private wells tested for arsenic	—	2016-2019 & 2021 <b>52.6%</b>	2016-2019 & 2021 <b>31.0%</b>
Adults living in households tested for radon	2016-2019 & 2021 <b>34.1%</b>	2016-2019 & 2021 <b>33.0%</b>	2016-2019 & 2021 <b>33.0%</b>
<b>Immunizations</b>			
Influenza vaccination in the past year (adults)	2012-2021 <b>35.9%</b>	2012-2021 <b>44.0%</b>	2012-2021 <b>43.8%</b>
Pneumococcal pneumonia vaccination (adults ages 65+)	2012-2021 <b>66.9%</b>	2012-2021 <b>75.1%</b>	2012-2021 <b>74.9%</b>
<b>Unintentional Injury</b>			
Injury deaths per 100,000 population	2014-2022 <b>36.3</b>	2014-2022 <b>90.3</b>	2014-2022 <b>89.5</b>
Fall-related deaths (unintentional) per 100,000 population	2014-2022 <b>2.2</b>	2014-2022 <b>14.7</b>	2010-2019 <b>11.0</b>
Motor vehicle traffic crash (unintentional) deaths per 100,000 population	2014-2022 <b>2.7</b>	2014-2022 <b>11.7</b>	2010-2019 <b>10.9</b>
Poisoning deaths (unintentional and undetermined intent) per 100,000 population	2014-2022 <b>19.7</b>	2014-2022 <b>33.8</b>	2010-2019 <b>19.9</b>
Fall-related injury (unintentional) emergency department rate per 10,000 population	2016-2021 <b>175.9</b>	2016-2021 <b>280.5</b>	2016-2021 <b>285.9</b>
Traumatic brain injury emergency department rate per 10,000 population	2016-2021 <b>23.3</b>	2016-2021 <b>36.8</b>	2016-2021 <b>37.5</b>
Always wear seatbelt (high school students)	2023 <b>59.6%</b>	2023 <b>70.5%</b>	2023 <b>70.0%</b>
Always wear seatbelt (middle school students)	2023 <b>67.5%</b>	2023 <b>75.7%</b>	2023 <b>75.6%</b>



Indicator	Ethnicity		
	Hispanic	Non-Hispanic	Maine
<b>Intentional Injury</b>			
Suicide deaths per 100,000 population	2014-2022 <b>6.8</b>	2014-2022 <b>17.7</b>	2014-2022 <b>17.5</b>
Firearm deaths per 100,000 population	2014-2022 <b>6.1</b>	2014-2022 <b>10.7</b>	2014-2022 <b>10.7</b>
Intentional self-injury (high school students)	2023 <b>31.0%</b>	2023 <b>22.5%</b>	2023 <b>22.9%</b>
Intentional self-injury (middle school students)	2023 <b>33.6%</b>	2023 <b>23.5%</b>	2023 <b>23.6%</b>
Bullied on school property (high school students)	2023 <b>27.7%</b>	2023 <b>21.6%</b>	2023 <b>21.9%</b>
Bullied on school property (middle school students)	2023 <b>54.6%</b>	2023 <b>48.2%</b>	2023 <b>48.6%</b>
Electronic bullying (high school students)	2023 <b>24.0%</b>	2023 <b>19.8%</b>	2023 <b>20.0%</b>
Electronic bullying (middle school students)	2023 <b>40.7%</b>	2023 <b>35.2%</b>	2023 <b>35.1%</b>
<b>Mental Health</b>			
Mental health emergency department rate per 10,000 population	2016-2021 <b>109.3</b>	2016-2021 <b>165.2</b>	2016-2021 <b>167.6</b>
Depression, current symptoms (adults)	2012-2021 <b>13.0%</b>	2012-2021 <b>9.8%</b>	2012-2021 <b>9.9%</b>
Depression, lifetime	2012-2021 <b>27.6%</b>	2012-2021 <b>23.2%</b>	2012-2021 <b>23.3%</b>
Anxiety, lifetime	2012-2021 <b>25.9%</b>	2012-2021 <b>21.7%</b>	2012-2021 <b>21.8%</b>
Sad/hopeless for two weeks in a row (high school students)	2023 <b>45.3%</b>	2023 <b>34.7%</b>	2023 <b>35.0%</b>
Sad/hopeless for two weeks in a row (middle school students)	2023 <b>43.8%</b>	2023 <b>32.8%</b>	2023 <b>32.7%</b>
Seriously considered suicide (high school students)	2023 <b>26.1%</b>	2023 <b>17.4%</b>	2023 <b>17.8%</b>
Seriously considered suicide (middle school students)	2023 <b>34.2%</b>	2023 <b>21.6%</b>	2023 <b>21.8%</b>
Currently receiving outpatient mental health treatment (adults)	2012-2021 <b>20.0%</b>	2012-2021 <b>18.6%</b>	2012-2021 <b>18.6%</b>
<b>Oral Health</b>			
Dentist visits in the past year (adults)	2012, 2014, 2016, 2018 & 2020 <b>65.2%</b>	2012, 2014, 2016, 2018 & 2020 <b>64.9%</b>	2012, 2014, 2016, 2018 & 2020 <b>64.9%</b>
Adult tooth loss	2012, 2014, 2016, 2018 & 2020 <b>10.6%</b>	2012, 2014, 2016, 2018 & 2020 <b>19.6%</b>	2012, 2014, 2016, 2018 & 2020 <b>19.5%</b>
Ambulatory care sensitive dental emergency department rates for adults per 10,000 population	^	^	^
Ambulatory care sensitive dental emergency department rates for children per 10,000 population	^	^	^

Indicator	Ethnicity		
	Hispanic	Non-Hispanic	Maine
<b>Substance Use</b>			
Overdose deaths per 100,000 population	2020 <b>31.7</b>	2020 <b>37.8</b>	2020 <b>37.3</b>
Drug-induced deaths per 100,000 population	2013-2022 <b>19.9</b>	2013-2022 <b>32.4</b>	^
Alcohol-induced deaths per 100,000 population	2013-2022 <b>3.1</b>	2013-2022 <b>13.0</b>	^
Chronic heavy drinking (adults)	2011-2021 <b>8.2%</b>	2011-2021 <b>7.9%</b>	2011-2021 <b>8.0%</b>
Past-30-day alcohol use (high school students)	2023 <b>25.9%</b>	2023 <b>20.4%</b>	2023 <b>20.5%</b>
Past-30-day alcohol use (middle school students)	2023 <b>9.5%</b>	2023 <b>4.7%</b>	2023 <b>4.8%</b>
Binge drinking (adults)	2012-2021 <b>19.7%</b>	2012-2021 <b>16.9%</b>	2011-2017 <b>16.9%</b>
Binge drinking (high school students)	2023 <b>47.1%</b>	2023 <b>35.4%</b>	2023 <b>12.2%</b>
Binge drinking (middle school students)	2023 <b>6.4%</b>	2023 <b>1.7%</b>	2023 <b>1.3%</b>
Past-30-day marijuana use (adults)	2011-2021 <b>21.4%</b>	2011-2021 <b>13.5%</b>	2011-2021 <b>13.6%</b>
Past-30-day marijuana use (high school students)	2023 <b>26.4%</b>	2023 <b>18.4%</b>	2023 <b>18.7%</b>
Past-30-day marijuana use (middle school students)	2023 <b>10.3%</b>	2023 <b>4.9%</b>	2023 <b>5.0%</b>
Past-30-day misuse of prescription drugs (adult)	2011-2021 <b>1.8%</b>	2011-2021 <b>0.8%</b>	2011-2021 <b>1.0%</b>
Past-30-day misuse of prescription drugs (high school students)	2023 <b>13.7%</b>	2023 <b>4.9%</b>	2023 <b>5.2%</b>
Past-30-day misuse of prescription drugs (middle school students)	2023 <b>11.0%</b>	2023 <b>4.7%</b>	2023 <b>4.9%</b>
Opiate poisoning emergency department rate per 10,000 population	^	^	^
Opiate poisoning hospitalizations per 10,000 population	2016-2021 <b>0.5</b>	2016-2021 <b>1.2</b>	2016-2021 <b>1.3</b>

Indicator	Ethnicity		
	Hispanic	Non-Hispanic	Maine
<b>Tobacco Use</b>			
Current (every day or somedays) smoking (adults)	2012-2021 <b>21.2%</b>	2012-2021 <b>18.3%</b>	2012-2021 <b>18.4%</b>
Current (every day or somedays) e-cigarette use (adults)	2015-2021 <b>8.7%</b>	2015-2021 <b>4.5%</b>	2015-2021 <b>4.5%</b>
Past-30-day cigarette smoking (high school students)	2023 <b>13.4%</b>	2023 <b>5.2%</b>	2023 <b>5.6%</b>
Past-30-day cigarette smoking (middle school students)	2023 <b>7.0%</b>	2023 <b>1.9%</b>	2023 <b>2.0%</b>
Past-30-day e-cigarette use (high school students)	2023 <b>25.3%</b>	2023 <b>15.2%</b>	2023 <b>15.6%</b>
Past-30-day e-cigarette use (middle school students)	2023 <b>12.8%</b>	2023 <b>7.0%</b>	2023 <b>5.7%</b>
Past-30-day tobacco use (high school students)	2023 <b>16.1%</b>	2023 <b>7.2%</b>	2023 <b>76.0%</b>
Past-30-day tobacco use (middle school students)	2023 <b>5.9%</b>	2023 <b>3.0%</b>	2023 <b>1.2%</b>
Environmental tobacco smoke exposure (high school students)	2023 <b>26.8%</b>	2023 <b>19.0%</b>	2023 <b>19.3%</b>
Environmental tobacco smoke exposure (middle school students)	2023 <b>29.1%</b>	2023 <b>19.8%</b>	2023 <b>19.9%</b>
Environmental tobacco smoke exposure (middle school students)	2023 <b>27.7%</b>	2023 <b>21.9%</b>	2023 <b>22.1%</b>
Maine QuitLink users	2023 <b>1.9%</b>	2023 <b>1.5%</b>	2023 <b>2.2%</b>

The Maine Shared Community Health Needs Assessment (Maine Shared CHNA) is a collaborative partnership between Central Maine Healthcare, Northern Light Health, MaineGeneral Health, MaineHealth, the Maine Center for Disease Control and Prevention, and the Maine Community Action Partnership. By engaging and learning from people and communities and through data analysis, the partnership aims to improve the health and well-being of all people living in Maine. This is the fifth collaborative Maine Shared CHNA.

**The mission of the Maine Shared CHNA is to:**

- Create shared CHNA reports,
- Engage and activate communities, and
- Support data-driven improvements in health and well-being for all people living in Maine.

These data profiles, as well as additional information and data, can be found online at the Maine Shared CHNA’s website – [www.mainechna.org](http://www.mainechna.org).

